

nature's  
table





## BREAKFAST

### **Breakfast Sandwich**

Your choice of Turkey Bacon or Turkey Sausage with Egg and Cheese on an English Muffin or a Croissant

### **Continental Breakfast -**

An assortment of Muffins, Danish and Bagels served with Butter, Jelly and Cream Cheese

### **Breakfast Box -**

Your choice of any Breakfast Sandwich, a Muffin and Bottled Juice

### **Breakfast Sides**

Muffins: Chocolate, Apple, Blueberry  
Fruit and Yogurt Parfaits  
Fresh Cut Fruit Salad

## Mediterranean Wrap



## GOURMET WRAPS

### **Mediterranean Wrap\***

All Natural Chicken Breast, Romaine Lettuce, Tomato, Kalamata Olives, Red Onion, English Cucumber, Feta Cheese and Greek Vinaigrette

### **Chipotle Chicken Wrap**

All Natural Chicken Breast, Black Beans, Brown Rice, Cheddar Cheese, Tomato and Chipotle Aioli

### **Sesame Thai Wrap**

All Natural Chicken Breast, Brown Rice, Napa Cabbage, Scallions, Shredded Carrots and Sliced Almonds and Sesame Thai Aioli

### **Carnitas Wrap**

Tender Marinated Carnitas, Black Beans, House Made Corn Salsa, California Avocado, Salsa and Sour Cream

### **Spicy Buffalo Wrap**

All Natural Chicken Breast, Romaine Lettuce, Tomato, Cheddar Cheese and our Spicy Buffalo Sauce

### **Chicken Caesar Wrap\***

All Natural Chicken Breast, Romaine Lettuce, House Made Croutons, Grated Parmesan and Creamy Caesar Dressing

### **Fish Taco Wrap**

Grilled Alaskan Whitefish, Napa Cabbage, Shredded Carrots, Corn Salsa, Tomato, Cucumber, Tortilla Chips and our Homemade Avocado Lime Aioli

***\*Also available as a salad***



## CLASSIC SANDWICHES

### **California Club Sandwich**

All Natural Oven Roasted Turkey, California Avocado, Turkey Bacon, Romaine Lettuce and Tomato

### **Tuna Salad Sandwich**

Our Dolphin Safe, Signature Tuna Salad with Romaine Lettuce and Tomato

### **Chicken Salad Sandwich**

Our Famous Chicken Salad made with all Natural Chicken Breast topped with Romaine Lettuce and Tomato

### **Oven Roasted Turkey Sandwich**

All Natural Oven Roasted Turkey topped with Romaine Lettuce and Tomato

### **Avocado & Cucumber Sandwich**

California Avocado, English Cucumber, Romaine Lettuce, Shredded Carrots, Red Onion, Spinach and Tomato



**Baja Turkey Jack Panini**

## PANINIS & MELTS

### **Baja Turkey Jack Panini**

All Natural Oven Roasted Turkey, Pepper Jack Cheese, Tomato and Avocado-Jalapeno Mayo on Toasted Ciabatta Bread

### **Tuna Melt**

Our Dolphin Safe, Signature Tuna Salad, with Tomato and Cheddar Cheese on Toasted Panini Bread

### **Club Panini**

All Natural Oven Roasted Turkey, Cheddar Cheese, Turkey Bacon, Spinach and Tomato on Toasted Panini Bread

### **3 Cheese & Tomato Melt**

Cheddar, Pepper Jack and Swiss with Tomato on Toasted Panini Bread

### **Turkey Cranberry Panini**

All Natural Oven Roasted Turkey, Swiss Cheese and Cranberry Mayo on Toasted Panini Bread

## SOUPS



**Bowl - (Serves 1)**

**Gallon - (Serves 10-15)**

Tomato Basil  
Chicken Noodle  
Vegetarian Chili  
Hearty Vegetable

**Additional options available**

## SALADS

**Small - (Serves 1)**

**Large - (Serves 4-6)**

Nature's Table Pasta Salad  
Seasonal Fresh Fruit Salad  
Caesar Salad  
Garden Salad

**Ask about today's  
featured salad**



## DESSERT TRAY



**Freshly Baked Cookies**

An assortment of a Dozen Cookies to include Chocolate Chip, Oatmeal Raisin, Peanut Butter or White Chocolate Macadamia

**Brownies**

A Dozen Fresh Brownies

## BEVERAGES & EXTRAS

**Chilled**

Bottled or Canned Coca-Cola® Products, Bottled Fruit Juices and Bottled Water

**Hot**

Fresh Brewed Coffee

**Assorted Chips**





## NATURE'S TABLE PLATTERS

Mix and match gourmet wraps and sandwiches to accommodate your needs.

### **Platter –**

## BOXED LUNCH

Everything you need for lunch on the go, each served in individual take along boxes.

### **Classic Boxed Lunch –**

Choice of any sandwich or gourmet wrap, bag of chips and a fresh baked cookie

### **Half & Half Boxed Lunch –**

Choice of ½ gourmet wrap or sandwich, cup of soup or featured salad and a freshly baked cookie



### **PRICING**

Inquire at your favorite Nature's Table Café.

### **ORDER VIA FAX OR PHONE**

We kindly request 24 hours notice to guarantee catering orders.

### **DELIVERY**

Available in some areas, please inquire.

### **SPECIAL REQUESTS**

For special requests, please ask your Nature's Table Catering Coordinator.

### **MINIMUM ORDER**

A minimum order for 6 people is kindly requested.

# eat SMART

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Prices and menu selections may vary.  
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